DESCHUTES COUNTY ADULT JAIL

L. Shane Nelson, Sheriff Facility Provider:

P-605 Treatment Protocol December 6, 2017

TREATMENT PROTOCOL

CONSTIPATION

- 1. Symptoms/Presentation:
 - Difficulty defecating (evacuation of the bowels)
 - Infrequent defecation with passage of unduly hard and dry stool
 - Sluggish action of the bowels
 - Abdominal distension
- 2. Obtain medical history:
 - Does he/she have a history of constipation or bowel disease?
 - If yes, what medication has he/she taken in the past?
 - How many days since he/she had a bowel movement?
- 3. Encourage an increase of fluid intake, especially water:
 - Six to eight cups daily (64 oz.)
 - To increase activity, e.g. walking about cell
- 4. Inmate to alert Facility Nurse.

Supersedes: February 8, 2016 Review Date: December 2019

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